

## SUNDAY 9<sup>th</sup> MARCH

**First Sunday of Lent**

8.00am Holy Communion (Preb. David/John Wallace)  
9.30am Parish Eucharist (Preb. David/John Wallace) *(also live-streamed)*  
11.30am Holy Baptism (Canon Malcolm)  
6.00pm Stations of the Cross Reflection (Preb. David)

## MONDAY 10<sup>th</sup> MARCH

7.45pm-9.30pm Bellringers Practice Night

## TUESDAY 11<sup>th</sup> MARCH

9.00am Morning Prayer     2.00pm Mothers' Union Meeting

## WEDNESDAY 12<sup>th</sup> MARCH

9.00am Morning Prayer     10.00am Toddler Time     1.00pm Lunch Club

## THURSDAY 13<sup>th</sup> MARCH

9.00am Morning Prayer     10.00am Holy Communion (Canon Don)  
11.15am Lent Course     7.30pm Lent Course

## FRIDAY 14<sup>th</sup> MARCH

9.00am Morning Prayer     11.00am Funeral – Wayne Johnson  
6.30pm Leighton Young Singers Club     6.30pm Trebles Choir Practice  
7.30pm Adult Choir Practice

## SATURDAY 15<sup>th</sup> MARCH

9.00am Holy Communion (Canon Malcolm)  
2.00pm Lumos Live Rehearsal and Concerts

## SUNDAY 16<sup>th</sup> MARCH

**Second Sunday of Lent**

8.00am Holy Communion (Canon Don)  
9.30am Parish Eucharist (Preb. David/Canon Don) *(also live-streamed)*  
11.30am All Age Communion (Geoff Marchant)  
3.00pm Civic Service (Preb. David)  
6.00pm Stations of the Cross Reflection (Geoff Huskisson)

***We would like to politely request that you turn off your mobile phones or switch them to flight-safe mode.***

# **All Saints Parish Church, Leighton Buzzard**

**Within the Ouzel Valley Team Ministry**

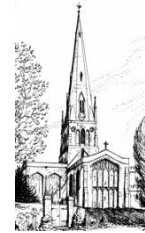
**Web address: [www.allsaintslb.org.uk](http://www.allsaintslb.org.uk)**

**Facebook: [All Saints', Leighton Buzzard](https://www.facebook.com/allsaintslb)**

Parish e-mail: [parish@allsaintslb.org.uk](mailto:parish@allsaintslb.org.uk)     Tel. No: 01525 381418

## **Sunday 9<sup>th</sup> March 2025**

### **First Sunday of Lent**



We warmly welcome all visitors and newcomers to our church. If any of you are from other denominations and are accustomed to receiving Communion in your own church you are welcome to here. For the hard of hearing the church is equipped with a loop system. Switch to T please.

**The news sheet is for you to retain and use for reference and prayer**

## **Today's services**

### **8.00am Holy Communion**

### **9.30am Parish Eucharist**

*Readings: RCL: Year C: Page: 731*

*Setting: New English Folk Mass*

Introit: 115 AMNS

*Collect: Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.*

1<sup>st</sup> Reading: Deuteronomy 26: 1-11

2<sup>nd</sup> Reading: Romans 10: 8b-13

Gradual Hymn: 217

Gospel: Luke 4: 1-13

Preacher: John Wallace

Intercessions: Geoff Huskisson

Offertory Hymn: 123

Anthem: The Spirit of the Lord - Stopford

The Spirit of the Lord is upon me, because He hath anointed me to preach the Gospel to the poor: He hath sent me to heal the broken-hearted, to preach deliverance to the captives, and recovering of sight to the blind, to preach the acceptable year of the Lord; To give unto them that mourn a garland of ashes, the oil of joy for mourning, the

garment of praise for the spirit of heaviness; that they might be called trees of righteousness, the planting of the Lord, that he might be glorified. For as the earth bringeth forth her bud, and as the garden causeth the things that are sown in it to spring forth; so the Lord God will cause righteousness and praise to spring forth before the nations, the spirit of the Lord.

*During this time please observe a period of quiet reflection, as we receive Communion*

Communion Hymn: 129

Post Communion: 230

.....  
**11.30am Holy Baptism** James William Barnes  
.....

**6.00pm Stations of the Cross Reflection**  
.....

**IN YOUR PRAYERS PLEASE REMEMBER**

*Sick:* Owen Butler, Ben Colbert, Katrina Boyce, Fr. Stephen Heard,  
Geoffrey Seale, Marcus Flowerdew-Clarke, Gilda Robinson,  
Katherine Tyler, Liz Lemon, Carol Steward, Baby Kody Demmon  
Kath Mowbray, Roger Collor, Denise Winsor-Jowet,  
Pauline Esmail-Scott

*RIP:* Wayne Johnson, Tony Kempson

*Year's Mind:* Norman Rumbelow, Richie Prince, Marian Wallis, Julia Bicknell,  
Margaret Nash, Arthur Robinson

*In our Team:* Pray for Toddler Groups

*In the World:* Pray for UNICEF

*In the Diocese:* Pray for The Diocesan Synod

*In the Wider Church:* Pray for the Anglican Church in Central America

**NOTICES:**

**APCM:** Please send your APCM reports to [parish@allsaintslb.org.uk](mailto:parish@allsaintslb.org.uk) as soon as possible. This year there will be a full renewal of the Electoral Roll and more details on this will follow.

**GOOD NEWS:** Saturday Coffee Shop is open 10am – 12noon for drinks and cakes.

**CHILDREN'S SOCIETY BOXES:** These are due for collection and emptying in March. Please leave your boxes in the Parish Office and empty boxes will be returned to the sideman's table. Sally Kerr.

**PALM SUNDAY DONKEY:** If you would like to contribute towards the cost of the donkey, please leave your donation in the Parish Office. It would be very much appreciated, as we begin to walk with our Lord.

**JEWELLERY & ACCESSORIES:** We will be having a jewellery stall again at the Summer fete in July. If you have any unwanted jewellery & accessories (e.g. scarves & handbags) please give them to either Maggie or Pauline. Thank you. 07968746618.

**LOST PROPERTY:** There is a box of recently found items on the umbrella stand by the North Door. Lost property is usually kept in Lindsay's office.

**SATURDAY 22<sup>nd</sup> MARCH AT 4PM IN ST BARNABAS CHURCH:** The Linsdale Singers present 'Choral music to nurture the soul' - a short hour-long concert of thoughtful and uplifting choral music. Music includes the first performance of the 'Kingsfold Mass' by the Singers' musical director, Dennis Pim, a selection of Tudor anthems, music by John Rutter, Ola Gjeilo, Eleanor Daley, Kate Rusby and more. Tea and cakes will be available after the concert in aid of St Barnabas Church. Tickets: £10 (under 18s free) available at the door or online in advance at [www.linsdale.org.uk](http://www.linsdale.org.uk) where further details can also be found.

**Theme for Lent - Pilgrimage**

**Lent Courses on a Thursday starting 6<sup>th</sup> March**

11.15am 'Wild Bright Hope' led by Geoff Huskisson

7.30pm 'Lent with the Beloved Disciple' led by John Wallace

**Sundays throughout Lent**

6pm Stations of the Cross meditation walk to 14 stations of the cross around the church.

**Vicar: Preb. David MacGeoch**

Email: [vicar@allsaintslb.org.uk](mailto:vicar@allsaintslb.org.uk) Tel: 01525 373217 / 07949 401942

Rest Day - Monday



Forty days and forty nights  
Thou wast fasting in the wild  
Forty days and forty nights  
Tempted and yet undefiled.

This is a well-known hymn which we sing at the beginning of Lent, perhaps to help remind us what all this is about.

Forty days is a long time for some of us. A long time to re-examine ourselves and consider some of the things in our lives we don't particularly like and to consider ways of being a better person. Think of this as a journey, a personal pilgrimage with Jesus. Jesus spent forty days and nights praying, fasting, listening and talking to God. I imagine that during those forty days he walked miles not really knowing in which direction or how he ended up where he did. One thing is for sure after forty days, he knew who he was, he knew what lay in front of him. He knew he would end up on a cross for the sins of the world.

So what is your cross all about? What are the sins you carry? What is that heavy burden you want to get rid of?

May you find strength on your personal pilgrimage this Lent. May you feel unburdened by the end of Lent. May you know you are closer to God by Easter.

Happy praying, Happy walking. Enjoy and embrace these next Forty days and forty nights.

God Bless,  
David