

**SUNDAY 28<sup>th</sup> FEBRUARY**

8.00am Service SUSPENDED  
9.30am Holy Communion (Mother Cate/Bill Webb)  
11.30am Service SUSPENDED  
6.00pm Service SUSPENDED  
*The 9.30am service will also be live-streamed.*

**MONDAY 1<sup>st</sup> MARCH** *David, Bishop of Menevia, Patron of Wales, c. 601*

Lenten Reflection (Geoff Huskisson)  
*This is available on our Facebook page and attached as a flyer*

**TUESDAY 2<sup>nd</sup> MARCH** *Chad, Bishop of Lichfield, Missionary, 672*

7.30pm Service SUSPENDED

**WEDNESDAY 3<sup>rd</sup> MARCH**

**THURSDAY 4<sup>th</sup> MARCH**

10.00am Holy Communion (Mother Cate/John Wallace)

**FRIDAY 5<sup>th</sup> MARCH**

**SATURDAY 6<sup>th</sup> MARCH**

9.00am Service SUSPENDED

**SUNDAY 7<sup>th</sup> MARCH**

8.00am Service SUSPENDED  
9.30am Holy Communion (Mother Cate/Geoff Huskisson)  
11.30am Service SUSPENDED  
6.00pm Service SUSPENDED  
*The 9.30am service will also be live-streamed.*

***We would like to politely request that you turn off your mobile phones or switch them to flight-safe mode. This is to reduce interference on the hearing loop and the live stream. Setting phones to silent unfortunately doesn't prevent the interference.***

Lent 2

Lent 3



**All Saints Parish Church, Leighton Buzzard**  
**Within the Ouzel Valley Team Ministry**  
**Web address: [www.allsaintslb.org.uk](http://www.allsaintslb.org.uk)**  
**Facebook: All Saints', Leighton Buzzard**  
 Parish e-mail: [parish@allsaintslb.org.uk](mailto:parish@allsaintslb.org.uk) Tel. No: 01525 381418  
**Sunday 28<sup>th</sup> February 2021**  
**The Second Sunday of Lent**

We warmly welcome all visitors and newcomers to our church. If any of you are from other denominations and are accustomed to receiving Communion in your own church you are welcome to here. For the hard of hearing the church is equipped with a loop system. Switch to T please. Gluten free wafers are available by prior arrangement. The news sheet is for you to retain and use for reference and prayer

**The news sheet is for you to retain and use for reference and prayer**  
**Today's services**

**9.30am Holy Communion** (Mother Cate/Bill Webb)

*Readings: RCL: Year B: Page: 453*

*Collect: Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our Lord Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.*

Readings: Romans 4: 13-25  
Gospel: Mark 8: 31-38  
Preacher: Bill Webb  
Intercessions: Bill Webb

*During this time please observe a period of quiet reflection, as we receive Communion*

**IN YOUR PRAYERS PLEASE REMEMBER**

*Sick:* Marie Brooker, Ava Palmer, Jim Miffin, Marjorie Bewick, Ian Hogg, Valerie Jackson

*RIP:* Linda Goodyear

*Year's Mind:* Stanley Kemp, Frederick Fleming, Cecil Cleverley, Madge Taylor, Betty Wille, George Perry, Mary Dimmock, Walter Randall, Bunny Winter

*In our Team:* Pray for church charities and trusts and the Bus Missioner project  
*In the World:* Pray for perpetrators of terrorism  
*In the Diocese:* Pray for the Board of Education and church schools  
*In the Wider Church:* Pray for the Anglican Church of Canada

## Lent at All Saints 2021

This year our theme for Lent is "Inside Out" and we will be looking at the connections between our inner and outer lives.

### Using books and resources

There are lots of good Lent books with reflections to guide you through the season, do look on line or ask for more advice and guidance. You can also download apps for your phone such as the Church of England Daily Prayer and Reflections for Daily Prayer. We will also be posting something everyday on our Facebook page.

### All Saints Lent Book 2021

This year we are reading "Thy Will be Done" by Stephen Cherry, looking at the Lord's Prayer. If you would still like one, the parsh office has a few extra copies at the price of £8.00. Although we can't gather for Lent groups in person we are offering informal online discussion groups which you can drop into as little or as often as you like. The dates and link are as below, however if you would prefer a different time or would like more sessions please contact John Wallace on 07768 941389, as John and Margaret will host additional sessions at dates and times to suit anyone interested in participating.

8pm on Thursdays the 10th March and 24th March.

The link for all three meetings is:

Join Zoom Meeting  
<https://us02web.zoom.us/j/88148558864>

Meeting ID: 881 4855 8864

### Special Services for Lent and Holy Week

We will still be marking Holy Week with special services and will share details of these in the coming weeks.

#### A Prayer for Lent

Holy God,  
Our lives are laid open before you:  
Rescue us from the chaos of sin  
And through the death of your Son  
Bring us healing and make us whole  
In Jesus Christ our Lord.  
Amen.

### NOTICES:

**CIVIC SERVICE: TODAY at 3pm.** This will be live-streamed at 3pm on the All Saints Leighton Buzzard YouTube Channel.

**PARTNERS IN MISSION - 40 Days of Giving** - During Lent this year, the Partners in Mission Committee ask you to join our endeavour to provide food contributions for needy families locally. You will be aware that the economic effect of the pandemic has hit some much harder than others, and there are around 60 families receiving help in our town, with approximately 15 food parcels being distributed every day.

Specific items required include: tinned meat, vegetables, and fruit; coffee; tea bags; toiletries; paper goods (toilet rolls etc.); pet food.

They will be distributed for us via the Leighton Linslade Helpers and the Homeless Centre. The team will collect these items from you, at the end of Lent, or sooner if you prefer. Please contact James Legg who will organise someone to collect from you at an agreed time (Email: [jatlegg@gmail.com](mailto:jatlegg@gmail.com), Telephone: 07535 973212).

You may include in your collection as many or as few items as you wish from the list. Every item will be gratefully received. Any monetary donations will also be accepted and the organisations will supplement fresh food from these donations to add to the parcels. Please, please get involved with this venture.

**THE TRUSTEES OF THE LEIGHTON BUZZARD ALMSHOUSES** (charity no. 1118085) invite applications from individuals who would like to be considered for appointment as a resident to one of the almshouses in North Street. The dwelling consists of a one-bedroom house, suitable for a couple or for individual occupancy. An application pack can be obtained by emailing or writing to the relevant address below. Applications should be returned no later than 5 March 2021. The Clerk to the Trustees, C/o The Parish Office, All Saints Church, Church Square, Leighton Buzzard, LU7 1AE. Email: [lbuacharities@gmail.com](mailto:lbuacharities@gmail.com)

#### After Church Coffee

Time: 11am-12pm on Sundays

Join Zoom Meeting  
<https://us02web.zoom.us/j/875602910?pwd=a055WW5WRldlSlQ3UnU3cWdkZ0pzd09>

Or call in on the phone: 0203 481 5240  
Meeting ID: 875 602 910  
Passcode: 000000

## REFLECTION - TAKE UP YOUR CROSS, LENT 2

In the Christian year there are several feasts of the cross, all of which commemorate the cross used in the crucifixion of Jesus. The most likely to come to mind is Good Friday which is dedicated to the passion of Christ. The others celebrate the cross itself as a sign of salvation, the most well known in Anglican terms being Holy Cross day which is celebrated on 14<sup>th</sup> September.

The gospel reading from last Sunday was from Mark chapter 8, the way of the cross:

“If anyone would come after me, he must deny himself and take up his cross and follow me. For whoever wants to save his life will lose it, but whoever loses his life for me and for the gospel, will save it”.

In the Jewish homeland in the first century, taking up one’s cross was an image of death. It did not yet mean patiently bearing whatever burdens might befall one as when we sometimes think of “our cross in life” as a physical difficulty or as a troublesome in-law. Rather taking up one’s cross referred to the Roman practice of requiring a person condemned to crucifixion to carry a horizontal crossbeam to the place of execution, where the vertical post was permanently fixed in the ground. To take up one’s cross was to embark upon the path to death.

Such a decision is a personal one. A good example here would-be Maximilian Kolbe who volunteered to die in the place of a stranger in Auschwitz, or of indeed Archbishop Romero who spoke out against poverty social injustice and torture knowing that his actions would lead to his assassination, which was duly carried out by a death squad in El Salvador in March 1980.

In both cases an inner conviction of faith prevailed over the evil of the outer world.

If you take a walk along parts of what once was the Berlin Wall, you will discover 130 crosses commemorating those who were killed by East German border guards as they attempted to escape to the west death was not inevitable, but the possibility must have weighed heavily upon them before the attempts were made. For them inner freedom was of paramount importance.

These examples show how individuals have undertaken a conscious decision that led to their death. For Maximilian Kolbe and Archbishop Romero they were following in the footsteps of Christ. The cross for us has become a symbol of the death and resurrection of Jesus and is at the centre of our Christian belief.

Finally, may we reflect on those who have died in the past year from COVID-19. Theirs was not a deliberate choice as a way of death. However, the grief and anguish caused by their departing has shaken our belief, as we thought that such pandemics were a thing of the past. It has made us look again at our inner selves in the midst of the Outer World.

Geoff Huskisson

## A Spiritual Communion

We remain united as the body of Christ even when we cannot meet together and share in the normal life of the Church. Throughout Christian history some Christian people have found themselves isolated from the sacramental life of the Church for all sorts of reasons. At such times the Church has encouraged people to make what is called a Spiritual Communion. It is a way of uniting yourself with Jesus and entering into communion with him even though you are not able to receive the sacrament itself.

You may find it helpful to use the following prayers, either as part of the live-streamed worship from Church, or at a separate time. You may wish to begin by lighting a candle or sitting in a special place. You may wish to read and reflect on the readings for Holy Communion on Sunday, which you can find on the weekly news sheet.

Jesus said, ‘I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.’ John 6.35

Spend some time in prayer; for the needs of the world, for your local community, and for those close to you, ending with the Lord’s Prayer.

Give thanks for the saving death and resurrection of Jesus and ask him to be with you now.

O loving God, in union with Christian people throughout the world and across the centuries who have gathered to give thanks, to hear your holy Word and receive the precious Body and Blood of your dear Son, I offer you praise and thanksgiving. Even though I am exiled from tasting the Bread of Heaven and drinking the Cup of Life I pray that you will unite me with all the baptised and with your Son who gave his life for us. Come Lord Jesus, dwell in me and send your Holy Spirit that I may be filled with your presence. Amen

You might then add one or more of the following prayers:

Lord Jesus Christ, you said to your disciples, ‘I am with you always’.  
Be with me today, as I offer myself to you. Hear my prayers for others and for myself, and keep me in your care. Amen.

Lord, in these days of mercy, make us quiet and prayerful;  
in these days of challenge, make us stronger in you;  
in these days of emptiness, take possession of us;  
in these days of waiting, open our hearts to the mystery of your cross. *Angela Ashwin*

Conclude with the following:  
The Lord bless us, and preserve us from all evil, and keep us in eternal life. Amen.